SWIMMING

TERM DATES

Term 1

Thursday 3th September 26- Sunday 25th October 26

(7 weeks, 4 days)

Term 2

Monday 2nd November 26- Sunday 20th December 26

(7 weeks)

Term 3

Monday 4th January 27- Sunday 14th February 27

(6 weeks)

Term 4

Monday 22nd February 27 - Sunday 25th March 27

(4 weeks, 4 days)

Term 5

Monday 12th April 27—Sunday 30th May 27

(Excluding 04/05/27)

(7 weeks)

Term 6

Monday 7th June 27-Sunday 18th July 27

(6 Weeks)

COSTS

Pre-beginner, Beginner, Improver, Intermediate 1/2/3 cost £8.50 per session.

Advanced, National Lifesaving Academy cost £10.00 per session

All lessons are paid upfront in half termly blocks

Please visit www.learning4life.co.uk for Terms and Conditions of the Swim School

ENROLMENT PROCEDURES

If you are interested in joining the Swim School for the first time, please fill out the 'Swim School new applicant' form on our website https://learning4life.co.uk/contact-us/

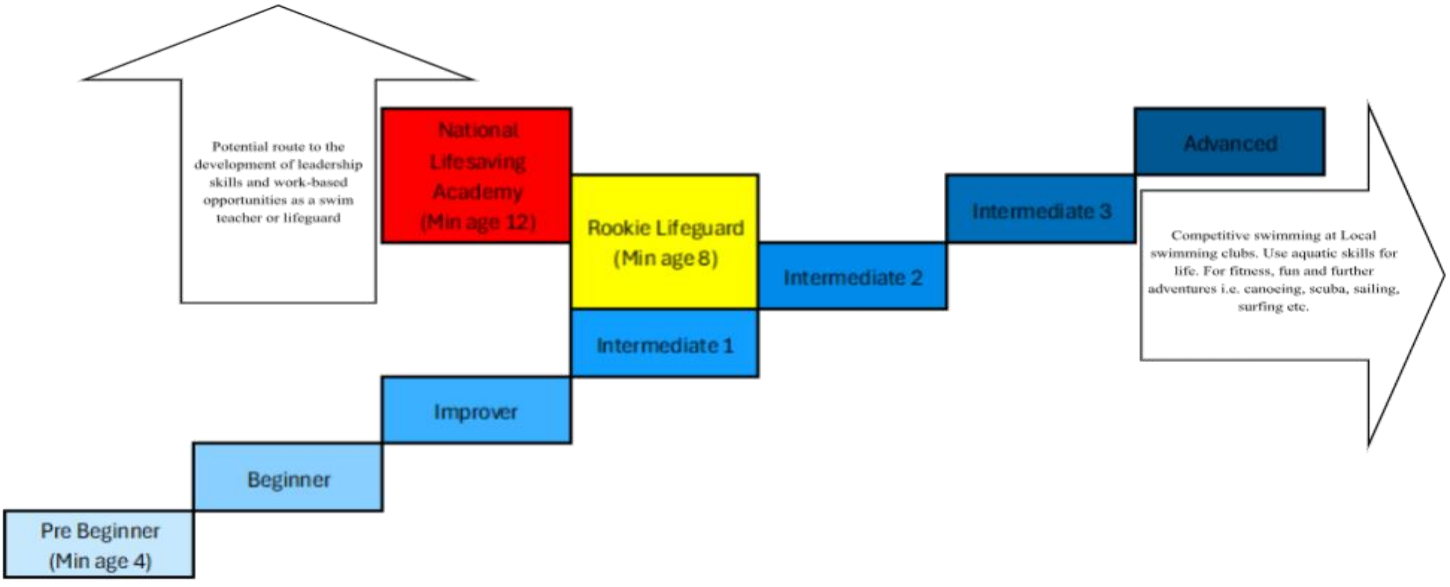
Payments can be made via your banking app. Please put your child's name and home portal in the reference box.

Account Name: SVAT Learning4Life
Sort Code: 30-90-88
Account Number: 42482060

Alternatively, please contact the office on 01384 816043 between 09.30-14.30 and we can take payment over the phone. If you are unable to phone us between these hours, please email us on learning4life@wordsley.dudley.sch.uk and we will send a payment link to your email address.

COMMUNICATIONS TO PARENTS

We may need to contact parents from time to time to advise of unfortunate cancellations or events which are due to take place. For all lesson cancellations, notifications will be sent by email directly from the Swim School platform 'CoursePro'.



COURSE INFORMATION

Pre-Beginner: *Awards: Stanley 3, Stanley 4 and Octopus 2*

Minimum age 4 years. Suitable for children unfamiliar with swimming pools and/or dependent on buoyancy aids. Provides familiarisation activities and skills to develop floatation and propulsion without aids.

Beginner: *Awards: Stanley 5, Stanley 6 and Octopus 3 and 5m.*

Must be able to swim a short distance (5 m) unaided. The course provides skill development on front strokes and back crawl.

Improver: *Awards: Stanley 7, Goldfish 1, Goldfish 2, 10m and 15m.*

Must be able to swim 5m on front and back. The course helps to improve aquatic skills and stamina. Swimmers will be introduced to deep water.

Intermediate 1: *Awards: Goldfish 3, Angelfish 1, Angelfish 2, 20m and 25m*

Must be able to swim 15m on front stroke and 15m back crawl. The course develops confidence in deep water and front crawl breathing action.

Rookie Lifeguard: *Awards: Bronze, Silver and Gold Stages 1,2 and 3*

For more information see www.rlss.org.uk/awards-activities/rookie-lifeguard

Minimum age 8 years. Must be confident in deep water and able to swim 25m on a front stroke and 25m back crawl. Develops endurance, survival and lifesaving skills.

Intermediate 2: *Awards: Angelfish 3, Shark 1, and 50m*

Must be able to swim in deep water, 25m on a front stroke and 25m back crawl. The course helps to build stamina and endurance.

Intermediate 3: *Awards: Shark 2, Shark 3, 100m and 200m*

Must be able to swim 50m on a front stroke and 50m on back crawl. The course develops competence on all four strokes.

Advanced Swimmer: *Awards: Bronze, Silver and Gold*

Must be able to swim all four strokes (25m) and a front and back stroke for 100m. The course helps to further develop swimming skills and stamina. There is a speed element in these awards and this may not suit swimmers who find it difficult to swim at speed.

National Lifesaving Academy: *Awards: Bronze Lifesaving, Bronze Star, Bronze Medallion*

For more information see www.rlss.org.uk/pages/category/national-lifesaving-academy

Min age 12 years. Must be able to swim 50m on a front stroke and 50m on a back stroke. A suite of progressive awards that teach personal survival, first aid, CPR; rescue and fitness skills. Reg. fee applies. Contact Student Service for more information. *For more information please see the link* https://www.rlss.org.uk/survive-and-save