

# What's New?

## Apr—Jul 25

### ENHANCE YOUR CHANCE OF EMPLOYMENT

Learning4Life are able to offer FREE courses to support adults looking for employment, selling goods made from skills learnt and volunteering. Courses will include those first steps to getting a job from confidence building to CV writing and interview skills.

If you need any advice and guidance please give student services a call.

#### MICRO EMPLOYMENT ART WORKSHOP

Mon 28 April 12.15-14.15 1 week **FREE**

#### IT IN AN ADMIN ENVIRONMENT

Tue 29 April 18.30-20.30 5 weeks **FREE**

#### SEWING MACHINE TECHNIQUES

Tue 29 April 19.00-21.00 1 week **FREE**

#### IMPROVE YOUR WELLBEING WITH POSITIVE THINKING

Wed 30 April 12.15-14.15 1 week **FREE**

#### DEVELOPING RESILIENCE

Wed 07 May 12.15-14.15 1 week **FREE**

#### CREATE YOUR OWN MANDALA—PROMOTING MINDFULNESS

Wed 07 May 18.00-20.00 1 week **FREE**

#### RE-USE RECYCLE - JAPANESE GIFT WRAPPING

Mon 12 May 12.15-14.15 1 week **FREE**

#### DEVELOPING ASSERTIVENESS

Wed 14 May 12.15-14.15 1 week **FREE**

#### LIVE4LESS

Mon 19 May 12.15-14.15 1 week **FREE**

#### PREPARE TO WORK IN FLORISTRY WORKSHOP

Mon 19 May 19.00-21.00 1 week **FREE**

#### POSITIVE BODY LANGUAGE FOR LIFE

Wed 21 May 12.15-14.15 1 week **FREE**

#### IT IN AN ADMIN ENVIRONMENT IMPROVERS

Tue 10 June 18.30-20.30 5 weeks **FREE**

### ARTS AND CRAFTS

#### ART MIXED MEDIA & BRUSHO TECHNIQUES

Mon 28 April 09.30-11.30 9 weeks £93.60

#### PAINTING AND DRAWING

Wed 30 April 09.30-11.30 10 weeks £104.00

Thu 01 May 10.00-12.00 10 weeks £104.00

Thu 01 May 13.30-15.30 10 weeks £104.00

#### PHOTOGRAPHY FOR BEGINNERS

Wed 30 April 19.00-21.00 10 weeks £104.00

#### START A CREATIVE JOURNAL TO ENCOURAGE SELF-CARE AND WELLBEING

Mon 02 Jun 12.15-14.15 3 weeks £33.60

#### POINTILLISM—CREATE ART IN DOTS USING PENS AND PAINT

Wed 18 June 18.00-20.00 1 week £20.00

#### POTTERY SKILLS IMPROVERS

Sat 03 May 10.00-12.00 9 weeks £119.80

#### POTTERY SKILLS BEGINNERS / IMPROVERS

Sat 03 May 12.30-14.30 9 weeks £119.80



### HANDICRAFTS

#### CREATIVE FLORAL SKILLS FOR ALL

Tue 29 April 19.00-21.00 5 weeks £56.00

#### SEWING SKILLS FOR IMPROVERS

Tue 29 April 09.30-11.30 10 weeks £104.00

#### SEWING SKILLS FOR BEGINNERS

Tue 06 May 19.00-21.00 9 weeks £100.80

#### PATCHWORK QUILTING FOR BEGINNERS

Wed 04 June 12.15-14.15 6 weeks £67.20

#### HAND AND MACHINE EMBROIDERY FOR BEGINNERS

Fri 06 June 09.30-11.30 6 weeks £67.20

### LANGUAGES

#### FRENCH ADVANCED

Mon 28 April 18.30-20.00 9 weeks £75.60

#### FRENCH IMPROVERS

Thu 01 May 18.30-20.00 10 weeks £84.00

### MUSIC

#### GUITAR FOR INTERMEDIATES

Mon 28 April 19.00-20.30 9 weeks £75.60

#### GUITAR FOR IMPROVERS

Thu 01 May 19.00-21.00 10 weeks £104.00

### FITNESS

#### ADULT SWIMMING LESSONS BEGINNERS

Mon 28 April 19.30-20.00 10 weeks £76.50

Tue 29 April 19.30-20.00 10 weeks £76.50

Tue 29 April 20.15-20.45 10 weeks £76.50

#### ADULT SWIMMING LESSONS IMPROVERS

Mon 28 April 20.15-20.45 10 weeks £76.50

#### PILATES FOR BEGINNERS

Mon 28 April 20.00-21.00 9 weeks £50.40

#### PILATES FOR ALL

Mon 28 April 18.45-19.45 9 weeks £50.40

Tue 29 April 18.30-19.30 10 weeks £56.00

#### FITNESS YOGA

Tue 29 April 19.45-20.45 10 weeks £56.00

#### PILATES FOR ALL @ THE OAKFIELD CENTRE

Fri 02 May 10.00-11.00 10 weeks £59.70

### WORKSHOPS

#### GLASS MOSAIC SUMMER LANDSCAPE THEME

Sat 17 May 09.30-12.30 1 week £30.00

#### A SUMMER MEADOW BOX DESIGN – FLOWER ART

Sat 07 June 09.30-11.30 1 week £20.00

#### LINO PRINT WORKSHOP

Sat 14 June 09.30-12.30 1 week £30.00

### FAMILY LEARNING

#### TEACH YOUR CHILD TO SWIM

Sat 10 May 09.00-09.30 8 weeks £48.00

#### A SUMMER HAT BOX- FLOWER ART

Sat 07 June 12.30-14.30 1 week £15.00

#### BIRD AND BUTTERFLY PAPER CRAFT

Sat 14 June 12.30-14.30 1 week £15.00

#### SPARKLING SEAHORSES

Sat 28 June 09.30-11.30 1 week £15.00

All family learning sessions are strictly one adult per child and all resources will be supplied.

### SWIM SCHOOL

Is your child ready to make a splash?

At Learning4Life Swim School, we provide high-quality swimming lessons for children aged 4-16 in a safe, fun, and supportive environment. Whether your child is a complete beginner or looking to refine their strokes, our expert instructors will help them gain confidence in the water!

- Convenient afterschool and weekend sessions

- Small class sizes for individual attention

- Fully qualified, friendly instructors

- Fun and engaging lessons to build essential swimming skills

- 1 class in the entire shallow end of the pool giving your child more space to practice

- Free Parking

Give your child a life-saving skill that lasts a lifetime!

Book Now! Spaces are limited - secure your child's spot today!



### FACILITIES TO HIRE

Our facilities are open 7 days a week.

We close during bank holidays and can open during school holidays with prior arrangement. Please note our sports hall closes for exams during the term.

Free onsite parking with friendly staff available to help

- Sports Hall
- Swimming Pool
- 5-a-side indoor pitches
- 4 indoor Cricket Nets
- School Hall
- Netball Courts
- Tennis Courts
- Basketball Courts
- Badminton Courts
- Dining room
- Classrooms
- The Hub



Need a gift idea for your loved ones? Why not buy a Learning4Life gift voucher. Gift vouchers are available for swim school and adult education courses. (Terms and Conditions Apply)

### THIS PROGRAMME IS SUBJECT TO CHANGE

If we are unable to recruit minimum class numbers. Whilst every effort is made to ensure that this programme and the pricing is accurate at the time of publication, changes and errors may occur. We reserve the right to amend details as required. Please see our website for more information and amendments to this timetable

Scan the QR code for the Learning4Life website where you will find all of the course information

