



Swim School Top Tips!

The Swim School team are so excited to welcome you back to lessons. Our staff have been carrying out lots of training to ensure we can keep your children safe whilst they are in our care.

I have put together a few tips which you may find beneficial when visiting the pool each week with your child/children.

- **Test and Trace** – a QR code will be displayed upon entrance to the pool and foyer area. Please use your mobile phone to scan the code when you enter the building (if your mobile phone supports the app!)
- **Flipflops** – it will be far quicker if parents and children could wear flipflops onto poolside each week rather than having to pop pool overshoes on when they enter the pool via the fire exit. Please consider wearing these each week to help us speed up getting you all onto poolside. Shoe covers will still be available if required.
- **Dressing gowns** – after reading and listening to feedback from other swim schools, parents are reporting that it is far easier for children to come in dressing gowns (with their swimwear underneath) rather than onesies and is far quicker to take off when on poolside! Please remember to take your child's clothes back to the car with you once they have been removed. For any children aged 8 and over who are dressing them selves after their lesson, they will be able to leave their clothes on poolside in a carrier bag.
- **Facemasks** – it is a requirement that parents and children aged 11 and over wear a facemask when on poolside, in the foyer and changing rooms. Please remember to bring this with you each week as you will not be allowed access without it! If you are medically exempt from wearing a mask, please let our receptionists know.
- **Mobile phones** – phones are still not permitted anywhere in the building for parents. However, as parents are required to leave their children in our care whilst lessons are taking place, please ensure that you keep your mobile phone switched on whilst waiting in your car/outside the building as we may need to contact you in an emergency. The number will appear as either 'unknown' or as a mobile number so please make sure you answer your phone should it ring whilst lessons are taking place.
- **Entering poolside** – please make sure that you maintain a safe distance of at least 2m whilst queuing for your child's lesson and whilst in the building. When it is time for your child's lesson, each class will be called to the fire exit door. For example, all children and parents in shallow end classes (Pre-Beginners and Beginners) will be called in first as their changing stations will be based at the shallow end of the pool. We will then call in children and parents in deep end classes (Improvers and Intermediates). Please bear with us whilst we get everyone onto poolside safely.
- **Latecomers** – unfortunately once the fire exit door has been closed and lessons have started, no other swimmers will be allowed onto poolside. If you arrive late to your lesson you will be turned away.
- **Equipment** – as already explained in our new procedures, parents will now be required to put body belts/armbands on their children before they get in the water. Please make sure

that these are securely fastened. We do not advise the use of goggles in our lessons, however we do appreciate that some children do prefer to wear them. If they do happen to come off during their lessons, staff will be unable to help them to put them back on.

- **Week One assessments – NEW SWIMMERS ONLY (week beg 7th June)** – teachers will be undertaking assessments on all children during their first lesson to ensure that they are in the correct class level. We are fully anticipating that, after seven months off, some children will not be swimming at the same level as when they finished before lockdown. The main office will contact parents if we need to make any movements for the remainder of the block of lessons, if teachers advise us of this. Children will then stay in their set class for the remainder of the term/block of lessons as we will then have created class bubbles.